

## Safe Disposal of Household Medications

- **FACT:** Pharmaceuticals and Personal Care Products (PPCPs) Pollute our Waters.
- Pharmaceuticals are prescribed or over-the-counter drugs and medications used for medical treatment of people and our animals.
- **DO NOT FLUSH MEDICATIONS DOWN THE TOILET OR DRAINS**
- To properly dispose of your household medications follow steps 1 through 4 listed below:

- 1)** Use original medicine container and block out personal information on label.



- 2)** Place lid on medicine container and seal with duct tape or packing tape.



- 3)** Place medicine container in packaging that hides contents such as a cardboard box.



- 4)** Take package to a pharmacy that is participating in the "Take-Back Program" or your local Hazardous Waste Household Collection Agency.



To find your closest drop off location go to:  
<http://www.nodrugsdowndrain.org>  
or call (805) 542-4776

If a drop off location is not available

- 1)** Add a little water to pills or capsules. Then add coffee grounds, or kitty litter, or cayenne pepper.



- 2)** Place packing in your trash container shortly before pick-up time.

